

# Doubt in Your Mind

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Doubting your decisions

Is a horrible feeling

Constantly on a mission

Coping and dealing

Is it right, is it wrong?

How do you know?

What's done is done,

All you can do is learn & grow.

Will I have regrets?

Is what you wonder,

Did I make a mistake?

You sit and ponder.

The Survival kit of life, is there one? We wish!

Ups and downs are common, right?

To be happy one minute, then sad next,

Why does does life put up such a fight?

Vigor, Determination, Endurance, Action

Tools to get by each day;

Believe in yourself, you made the right decision,

Strive on getting through today.